

Samopodoben: Thou, the Life of All, Art Risen

Sedalen at the first psalter reading, Sundays of tone 8

Воскресль еси – Ἀνάστης ἐκ νεκρῶν
Pattern: A-B A-B A-C

Kiev Caves Lavra chant, tone 8

Thou, the Life of all, art ris - en from the dead, and the ra - diant

an-gel cried out to the wo - men: "Cease your weep-ing;

tell the good news to the A - pos - tles, cry-ing out in

hymns that Christ the Lord is ris - en, whose good

Note: In Russian sources, this text is marked as a podobnen, but in Greek sources it bears neither the designation of a podobnen nor a samopodobnen. However, the Greek text is metrically identical to the samopodobnen "The piping of the shepherds," so it is probable that this text is actually appointed to be sung to that melody. Therefore it would be appropriate to use this melody for that sedalen as well as any others that are designated as podobny of it.

plea-sure it was, as God, to save the

hu - - - man race."