

Samopodoben – On the Third Day – Tone 6

Sticheron at the Praises, Sunday matins of the sixth tone

Pattern: A-B A-B C

Τριήμερος ανέστης Χριστέ
Триднєвєнь воскреслѣ

Optina hermitage chant

A

On the third day Thou didst rise from the tomb,

B

O Christ, as it is written, raising our forefather with Thee.

B

Therefore the race of man gives glory to Thee, and sings in praise

of Thy Resurrection.